

Humidity & Temperature

Ensuring that your home is dry, well-ventilated, comfortable, and balanced is crucial for maintaining a healthy indoor environment. With the help of a hygrometer, which measures humidity and temperature, you can take proactive steps to make a significant difference in your indoor space, just like a professional, regardless of the season.

Location	Relative Humidity % Approximate	Temperature Approximate	Observations
Closed up 4-8 hours No bathing / cooking ~ Curious?	Optimum 40 – 60%	20 – 24°C 68 – 75 °F	Surfaces / Odours / Dust Natural light / Natural air flow Feels damp, see condensation
Front yard			
Rear yard			
Sub Floor			
Roof Cavity			
Bedroom 1			
Bedroom 2			
Bedroom 3			
Bedroom 4			
Lounge			
Dining			
Living			
Entertainment			
Bathroom			
Ensuite			
Kitchen			
Laundry			
Additional			